



# EXPERT PHARMA

SOS products  
for your home  
first aid kit



# CHECKLIST

## home first aid kit for the whole family

A proper first aid kit should include more than just medications. It is important to be prepared for any everyday situation:

- **Bruises, sprains and other injuries**
- **Pain in joints and muscles after a busy day**
- **Swelling and itching from insect bites**
- **Runny nose, difficulty breathing and dry skin around nose a**
- **Cold, cough, hypothermia**
- **Irritation, inflammation, peeling of skin**
- **Bruises, scratches, stretch marks**
- **Dry and rough areas of skin that crack and cause discomfort (heels, elbows, knees, etc.)**

Expert Pharma Home First Aid Kit series products are indispensable at any home. Effective formulas based on effective natural ingredients, they will come to the rescue and quickly cope with specific tasks.



FROM IRRITATION  
AND DRYNESS  
AROUND NOSE



**Phyto balm  
for skin around nose** 30 ml  
art. 2827

Helps cope with unpleasant companion of a runny nose - irritated skin around nose.

- Soothes and softens skin
- Eliminates irritation and dryness
- Restores protective function of skin
- Essential oils help ease breathing

**Shea and almond butters, natural camphor** care for dry skin, restore and improve its protective response.

Inhaling vapors **of essential oils of eucalyptus, peppermint, tea tree and cinnamon leaves** has a beneficial effect on respiratory tract.

**Phytobalm with resin for body** 75 ml  
art. 2828

Universal product:  
nourishes, softens skin, including dry  
and flaky skin, rejuvenates.

- Accelerates wound healing,  
relieves inflammation
- Powerfully nourishes skin and  
softens it on dry areas,  
removes flaking
- Restores skin, increasing  
its elasticity

**Sap** has an antimicrobial, anti-inflammatory  
effect, improves general condition of skin.

**Cedar oil** promotes complete nutrition  
of skin, softens it . Particularly effective  
for flaking and roughening of skin.

FOR ELBOWS,  
KNEES, HEELS  
AND OTHER  
DRY AREAS



**Body cream balm with mumiyo** 75 ml  
art. 2826

Stimulates healing of damaged skin,  
effectively fights stretch marks.

- Has rejuvenating properties,  
increases skin tone and elasticity
- Eliminates inflammation, soothes skin  
during irritation
- Intensely nourishes and moisturizes

**Altai mumiyo** —  
unique restorative and anti-inflammatory  
component, has a comprehensive  
healing effect on skin.

**Calendula extract** ideal for treating  
bruises and inflammation, and also  
for wound healing.

**Vitamin F** increases regenerative ability  
of epidermis.

**Fir needle essential oil** eliminates  
inflammation, cleanses and soothes skin.



ОТ СИНЯКОВ  
И РАСТЯЖЕК

**Universal Cream with Arginine** 75 ml  
art. 1279

Effective for bruises and sprains,  
insect bites and bruises.

Has an intense restorative effect.

- Relieves pain and discomfort
- Helps hematomas resolve faster
- Relieves itching and swelling from insect bites

**Arginine PCA** in bioactive form improves protective function of skin and promotes its regeneration in damages.

**Chestnut** helps restore vascular elasticity.

**Ginger** reduces risk of inflammation.

**Sweet clover** improves venous circulation and eliminates congestion in tissues.

**Plantain** increases blood clotting in bruises.



FOR BRUISES  
AND INSECT BITES

FROM REDNESS  
AND IRRITATION

**Rubbing Balm  
with bee venom** 75 ml  
**art. 1280**

Relieves tension and discomfort in muscles, recommended after intense physical activity. Relieves symptoms of colds.

- Helps reduce non-traumatic pain in back and neck, joints and muscles
- Recommended for increased loads and tilted work
- Used for rubbing for colds, coughs, hypothermia

**Bee venom, sage extract and essential oils of tea tree and mint** have warming and analgesic effects.

FROM  
MUSCLE PAIN  
AND TENSION



FOR PAIN  
IN JOINTS

**Rubbing Balm  
with cinquefoil** 75 ml  
**art. 1282**

Relieves pain in joints, muscles,  
back and neck.

- Has a local warming effect on skin
- Recommended for local application  
to problem areas
- Indispensable for increased loads  
and tilted work

**Extracts of cinquefoil and sage**  
have a pronounced anti-inflammatory  
effect.

**Tea tree oil** has an antimicrobial effect  
and enhances regeneration.





FOR INJURIES  
AND STRAINS



**Body gel with viper venom 50 ml  
art. 1359**

An indispensable assistant in recovery from injuries and eliminating muscle tension, as well as muscle and joint pain. Helps you come back faster to an active lifestyle.

- Relieves muscle tension
- Promotes effective recovery after heavy physical exertion and injuries and stretch marks
- Relieves and eliminates muscle and joint pain

**The environmentally friendly viper venom** blocks pain receptors, promotes regeneration of nervous tissue, and improves cellular metabolism.

**The unique cold cooking technology preserves** structure of venom proteins.





## VIPER POISON: what is important to know

Our body gel contains therapeutic dosage **real, environmentally friendly viper venom** registered in the register of medicines of the Russian Federation (No. LS-002515). Supplier - Siberian Serpentarium, the largest in the world and the only licensed manufacturer of snake venoms in Russia. Serpentarium specialists participated in the development of the formula of our product.

Viper venom is obtained using ethical methods that are safest for reptile and at the same time effective from the point of view of preserving unique properties of the component. Catching snakes for serpentarium is limited by the Ministry of Natural Resources quota and therefore does not harm population in any way: annually no more than 1,5-2 thousand adult individuals enter nursery.



# Home first aid kit

Always  
within reach!

